

NOURISH TO FLORISH CHILDREN'S CONCLAVE - 2017



REPORT OF THE CHILDREN'S CONCLAVE – 2017

14TH NOVEMBER 2017

**NATIONAL ASSOCIATION OF MAN FOR MANKIND
(NAMM)**

The idea of Children's Conclave

Every year, National Association of Man for Mankind (NAMM) organizes special programmes on the eve of Children's Day. The objective of organizing such programmes has been to raise awareness among the children and their parents, local service providers and the community as a whole on various aspects of health, sanitation and nutrition. By continuing this trend, on 14th November 2017, NAMM organized a "Children's Conclave" in its operational village of Nayagram block in Jhargram district of West Bengal. The conclave is organized with the support of the Hans Foundation, New Delhi. The conclave is named as "Nourish to Flourish", indicating how proper nourishment is required for children to be healthy now and in future. NAMM involved children from more than 10 villages, mothers of these children, local service providers like Anganwadi worker, school teachers as well as other community members. NAMM organized a number of interactive sessions with the children on this occasion. These interactive sessions were planned in a manner, so that all children enjoy their participation and through that process become aware about health, hygiene, environment, sanitation and education issues. More than 300 children and community members actively participated in this programme.

The Beginning

Team NAMM, during the review and planning meeting in the month of October, decided to organize “Nourish to Flourish” – “Children’s Conclave” programme on the eve of Children’s day on 14th November 2017. The team has planned to organize the programme in Dhumsahi village by including children from other nearby ten villages. The team then visited the village and organized a meeting with local Anganwadi workers and with some of the community members. Discussion was held about the programme and a detail plan was chalked out in the meeting. The broad plan involved, a sit and draw activity with the children, interaction with children on health and nutrition by using the nutrition wheel and demonstration of the arts and drawings of the children.



The Programme – Sit & Draw



Around 250 children from Dhumsahi and nearby ten villages participated in the sit and draw programme. Children were given different line arts, colours and other materials and were asked to draw, fill the appropriate colour to complete the picture. The line arts included various types of vegetables, birds, animals etc. Children were divided in different groups and participated in the activity. This process helped children to open up, share their ideas with each other and help each other. This activity ensured participation of children and motivated them for the follow up discussion on health and nutrition.

The Programme – Sit & Draw



250 Children participated from 24 villages.

7 Anganwadi workers and 4 teachers participated in the programme

All the pictures are kept in the Anganwadi Centres and will be used for children's learning

The Programme – Nutrition Wheel



NAMM used the “Nutrition Wheel” that it has developed during the previous nutrition mela programme and facilitated discussion with children and their parents on different food groups and type of food items. The Nutrition Wheel is a child friendly wheel which depicts various food groups pictorially. The local Anganwadi workers facilitated this discussion by calling different children, spinning the wheel and introducing the food items. The children found the game interesting and their participation was very high.

The Valediction

After completion of the programme, NAMM declared that all the materials developed by the children will be kept in the local Anganwadi centres and they will be used for the children who are coming to the centre for pre primary education. The team members of NAMM shared that its objective is to create awareness and provide handholding support to the communities so that children, mothers and other community members live a healthy and fulfilling life. The programme concluded with distribution of food to all the participants.



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